

ECS ANNUAL NEWSLETTER

22
TWENTY
23



Eleutheros Christian Society

SECRETARY'S NOTE

Dear Friends,

The year 2022-23 was most memorable because of the silver jubilee celebration of the EDOU and SHGs. It was celebrated with much prayers and remembrance of the years of God's faithfulness. Miss Tiakala, the GM NABARD graced the occasion and members of all Edous attended the session. The high-light of the occasion was the declaration of the 'Jubilee Fund' of Rs 5 Crs which will go to fuel the effort of the SHG members. This amount will service the most needy @ 6% per annum and will also cover young entrepreneurs suggested by the ECS/SHGs. NABARD continues to be one of our strongest supporters and we have plans to begin work even in Zunheboto in partnership with NABARD.

The HCL Foundation funded project on health ends as of March 2023. In this we are particularly thankful to the HCL Foundation for enabling ECS to further the cause of the most vulnerable in the region. However, though the project ends, we are pleased to apprise our readers that we will be expanding the project to another 120 villages across the eastern districts.

NEIDA and the Tata Trust have been our longest serving Funder. Even now we are working in 55 villages on spring development, 42 villages on livelihood and another 58 villages on water management under the JJM programme.

Sincere thanks to NHM for the continued support, we have recently moved into a contract to expand outreach to another 120 villages. The Changlangshu PHC continues to bag the best PHC award for Mon district since 2019 to 2022 and in the new expansion plan, our plan is to work in another 10-15 new PHCs.

Special appreciation to MCKS trust fund for supporting the needy mothers and new born babies through Nutrition and baby care kits. We could reach out to many poor mothers through this support.

The 'Samagra Shiksha Abhiyan' support enables all our 'sochums' the evening schools to run as planned and the community is highly motivated because it involves the idea of inclusive learning. We also run 4 Residential Hostels in 4 districts of which the Longleng RH is now independent of ECS. In 2022

The one-time support by the Azim Premji Foundation on Covid was a 'game changer' because this project led to a discussion on developing a large corpus for ECS. The plan now is to strengthen the core activities of ECS and also undertake programs covering the entire eastern region. Sincerely thank the APF for infusing a new lease of life into the organization for becoming our greatest enabler. On this account I also wish to thank the Wipro Cares; which in a sense was the introduction of ECS to APF in appreciating the difficulty in which ECS works.

I sincerely thank all funders, well wishers, Partners, beneficiaries ECS Governing Board members, and staff in making this year a memorable one.

Sincerely
Chingmak Kejong
Secretary ECS

Maternal and Child Health Care Project

SUPPORTED BY WIPRO CARES

The mother and child health project supported by Wipro Cares covering villages in Noksen and adjacent blocks has helped improve the health situation of women and children in particular and has benefited the community as a whole. The project was initiated in June 2015 in 12 villages and later in 2022 expanded coverage to 16 villages. The project thrusts on strengthening the health units to enable community access to primary health care and gives special focus on connecting women and children with quality health care services. In the last few years, the project has improved service accessibility in the project villages and has made big improvements in ANC, hospital delivery and immunization figures. During the year, the project recorded a total of 138 pregnant mothers of which 126 received ANC services and 83 delivered at the health centres. 284 children were under the immunization program out of which 134 children were fully immunized.

KEY HIGHLIGHTS

- ASHA review conducted on 18th August at ECS Main Office. They were also briefed on the new caremother app features and the revised reporting format. The 2nd review was held on 24th November. Issue of early registration of pregnant mothers and grievances of ASHAs were discussed.
- Training of Mothers club members in all the villages in the month of November. 141 participants were reached. The objective was to reinforce understanding and emphasis on the importance of ANC check-ups, institutional delivery and child immunization.
- Facilitated mothers' club meetings every month in all the villages. Currently, there are 29 mothers' clubs in the project villages with a total membership of 334.
- Community constructed an emergency room at Ngongchung sub centre with financial assistance from NHP and the project. Room heaters were provided to the sub centres in Ngongchung, Yangpi and Sangdak villages through the project.
- Noksen PHC which was functioning without a doctor for many months. A meeting was conducted with DB's, GB's, HCMC, SDO civil & PHC staff at Noksen Town to discuss the issues of the PHC and resolved on the following points:
 - The stakeholders to approach the department for a medical officer and also re-organise the HCMC. ECS will add on to the salary of the doctor provided by the department.
 - The department finally posted a doctor in November.
 - ECS to apply with the department to empanel the PHC under AB-PMJAY insurance scheme and will support salary of the insurance operator.

LIST OF MOTHERS' CLUB

SL NO	VILLAGE	GROUP	MEMBERS
1	Longra	2	24
2	Longsing	1	13
3	Noksen village	3	27
4	Noksen Town	2	21
5	Litem	2	24
6	Yangpi	2	29
7	Nakshou	2	21
8	Bhumpak	2	21
9	Lokhung	1	13
10	Ngongchung	1	10
11	Yali	2	23
12	Haak	2	32
13	Longtang	2	19
Total		29	334



Training of mothers



Community meeting



ASHA review

Story of an ASHA

Sochemla, a mother of six from Yangpi village, has been working as an ASHA for the last 16 years. She said that during the initial years, she faced a lot of problems educating people about health-related issues especially on maternal and child health. Mothers would not pay any attention when advised to go for ANC check-ups or get their children immunized. After the project was initiated and formed mothers' clubs and conducted trainings and awareness on maternal and child health, people have become more aware about health care. She visits pregnant mothers and educate them on the importance of pregnancy care, child care, immunization and motivate them for check-ups and hospital delivery. She accompanies them to the health centre and also assist the nurses during delivery as and when required. She said that the sub centre in the village which was made into a delivery point with support from WIPRO CARES is serving the community well. For the past 2 years, all pregnant women without complications are delivered at the sub centre. Lastly, she expressed her gratitude to ECS and WIPRO CARES for the health initiative in the village.



Sochemla, ASHA Yangpi

WIPRO CARES team visit to the project



Wipro team visit - Ngongchung SC

A team from WIPRO CARES visited the project sites on 10th and 11th December 2022. They visited health units and villages and held interactions with the community. A program was organized in Sangdak along with community from 3 villages namely Yonyu, Yokumsang & Kumpung villages. The community represented the village councils, VHCs and Mothers clubs expressed their gratitude to ECS and WIPRO CARES for implementing the health program and developing the sub centres. It has brought changes with more mothers coming forward for institution deliveries, ANC check-up and increasing number of children achieving full immunization. They thanked ECS and WIPRO CARES for the financial support for renovation of the health centres and also for the equipment and medicines provided. The team also visited Ngongchung SC and Noksen PHC and interacted with the community. The mothers' clubs, HCMC & Staff of Noksen PHC expressed thanks to WIPRO CARES for the support and the incentives provided to mothers for ANC and hospital delivery and look forward for their continued support.

ECS Life Connect

SUPPORTED BY HCL FOUNDATION

The health project supported by HCL Foundation in 72 villages in its fifth and final year focused broadly on two areas. One was continuing efforts to strengthen health units, outreach and community engagement to improve delivery and access to health care services. Routine activities were carried out to train and support health workers, mothers' clubs and the community. Meetings were ongoing to assist staff and the community management committees for effective functioning of the health centres. The other focus was on sustaining the health work beyond HCL funding. A series of discussions were held with the Health Department officials to work on a proposal for joint implementation and also reached out to agencies for funding to sustain the program. Extensive discussions were held with the community across the region on how community can be more effectively involved in the process to strengthen health care delivery in the region.



Training of project team on caremother app



Community meeting

KEY ACTIVITIES UNDERTAKEN DURING THE YEAR

- Training on report writing, leadership and team building on 4th and 5th April
- Training of ECS health team and nurses deployed at the health centres from 18th to 20th April to orient them on the new features incorporated into caremother app.
- Subsequent trainings for health workers were organized batch wise in April and May.
- Review cum refresher trainings with health workers conducted district wise in the month of August
 - Tuensang : 17th August
 - Longleng : 23rd August
 - Mopong Mon : 24th August
 - Tobu, Mon : 26th August
- Training on Geriatric for community volunteers from 4 villages in Tuensang district at Longpang PHC on 17th September. It discussed topics on elderly care, hypertension, diabetes and hygiene. Altogether, 24 participants volunteers were trained.
- Health clinics for the elderly conducted in the four villages surrounding Longpang PHC
 - 21st Sept : Sangsangyu village - 24 patients
 - 24th Sept : Keshai village -5 patients
 - 28th July : Maksha village - 24 patients
 - 01st Oct : Hakchang village - 47 patients
- An ambulance procured for Changlangshu PHC through contributions from Community, ECS and the Kayakalp prize money of Rs 2 lacs awarded to Changlangshu PHC.
- Training on nutrition with 78 students from Thangjem Higher Secondary School, Tuensang town on 14th October.
- Training on health and nutrition conducted on 22nd October with mothers' club members in Mongtikhang village under Longleng district.
- Sensitization programs with fathers conducted in 5 villages Wangshu, Tamkong, Yongkhao, Pessao and Monyakshu villages under Tobu sub division between 18th to 20th October.
- Water pipeline installed in health centres
 - 2 km pipeline installed in Namching Sub centre under Longleng district in collaboration with community of 4 villages. The community raised Rs 2.2 lacs for this effort.
 - 10 km pipeline installed at Monyakshu Sub centre. ECS and the community contributed Rs 5 lakhs each and Rs 7 lakhs provided by the Government.
 - 4 km pipeline in Pessao PHC through ECS
- 13 mothers' clubs were formed in four villages in Mon and Tuensang districts. The total number of clubs has now grown to 246 with around 3224 members.

SL-NO	DISTRICT	NO OF GROUPS	MEMBERS
1	Mon	137	1795
2	Longleng	46	604
3	Tuensang	63	825
Total		246	3224

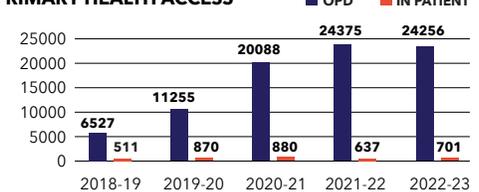


Strengthening Health Centers

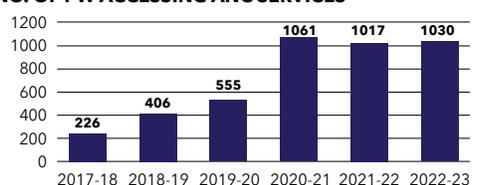
ECS continues to focus on the development of all the health centres and continuously engages with the staff and the community to improve service delivery. A number of steps were undertaken to strengthen health centres in Yongkhao, Sangtak, Yonghong and Yakshu villages with the community in the fore of all these undertakings. The community initiated the repair and renovation works in all the centres, organized the equipment and manpower issues with support from ECS. During the year, a total of 1030 pregnant women accessed ANC check-ups, 365 institutional deliveries conducted, 24,256 OPD and 701 inpatients were reached through the health centres.

In the last five years, the project has seen substantial improvements in many of the important indicators. The graphs and tables illustrate the improving trends in health access in the target area.

PRIMARY HEALTH ACCESS



NO. OF PW ACCESSING ANC SERVICES



SL. NO	NAME OF HEALTH CENTER	2017-18	2018-19	2019-20	2020-21	2021-22	2022-23
1	Changlangshu PHC		42	123	104	62	102
2	Tobu PHC	59	53	79	57	72	38
3	Mopong PHC			21	67	47	29
4	Monyakshu PHC				54	85	19
5	Wangshu/Shamnyu SC				6	15	10
6	Kenchenshu Sc					1	
7	Ukha SC					1	11
8	Pessao PHC				11	24	17
9	Yongkhao PHC						16
10	Yakshu SC						1
11	Yonghong SC						4
12	Chingmei SC		2	15	24	25	20
13	Longpang PHC	57	60	55	78	48	48
14	Sangtak SC						8
15	Sotokor SC				8	7	7
16	Kuthur SC				3	7	10
17	Sakshi PHC			8	15	4	8
18	Namching SC				3	2	9
19	Pongo SC				14	12	4
20	Yangching SC				9	13	4
Total		116	157	301	453	425	365

SANGTAK SUB CENTRE

Sangtak Sub centre, located 18 kms away from Tuensang District Headquarter serves as a referral point for villages under Sangtak range. It is a remote village with access problems. The health centre was defunct and left neglected for a long time. It lacked even the basic facilities and the nurses were always absent. In 2021, the community started work to renovate the sub-centre with some support from the Project. The Village Council invested more than 14 lakh rupees in renovating, ground leveling work and shifting of the house. A four-bedded ward for patients and a nurse quarter was constructed. In addition, the Nagaland Health Project (NHP) supported fencing of the facility, installation of solar panels, provided medicines and delivery equipment for the centre. ECS, with support from HCL foundation, deployed a nurse, medicine, consumables, 4 bedside tables for the ward and delivery equipment. The first delivery was conducted on 5th October and have conducted 8 deliveries since. Later, the VHC met the Government nurse and demanded that she should stay in the village for at least 15 days a month with effect from Nov 2022. The villages especially the mothers are now able to receive services regularly at the sub-centre.

YONGKHAO PHC

Yongkhao is the last village in Tobu sub division, Mon district towards the border with Myanmar. The village is very difficult to



Sangtak sub centre before renovation



Sangtak sub centre after renovation

access due to the pitiful road conditions and lack of transportation facilities. the PHC was in a run-down state with no doctor or nurses stationed. Villagers faced lots of difficulties without access to even the most basic health care services. In 2019, the Yongkhao Village Council, Students' Union and the Village Health Committee decided to renovate the existing PHC and work began. They renovated the labor room attached with a toilet, installed piped water connections and electricity and carpeted the floor. The community purchased some basic requirements with the PHC untied funds. Later, SELCO Foundation came in and installed solar panels and batteries for the lighting. Despite repeated efforts to make the nurses stay and perform their duties, they always found a way to not attend work or get transferred out of the village. After series of discussions with the villagers, ECS deployed a nurse at the PHC on 12 May 2022 on the agreement that the village would contribute Rs 5000/- towards her salary. On her arrival, she organized the place and began providing services. The labour room was prepared and efforts were initiated to motivate mothers for delivery. The project provided essential instruments, solar lamps, medicines and consumables for delivery. The PHC conducted its first delivery on 8th August 2022 and so far, 16 deliveries have been conducted. The Church supports the transport for delivery dropping and pickup.



Social work by Mothers club



Mothers club meeting

YAKSHU SUB CENTRE

Yakshu sub center was not functional properly for some period and needed repairs and additional spaces for conducting deliveries. With local contributions, the community renovated the existing building and constructed 3 rooms – an OPD room, an emergency ward and a store room. The first delivery was conducted on 1st December 2022. The project provides the consumables for delivery.



Namching PHC

YONGHONG SUB CENTRE

The location of the existing sub-centre in Yonghong village was not suitable. It had no space for extension of the facility and so the community decided to renovate the marketing shed of the village and shift the health Centre there. They partitioned the building into three rooms, built a kitchen for the nurse and installed piped water connection. A meeting was held on 15 February 2022 with community leaders comprising of the village chairman, two GBs, pastor, deacon, student president and health worker to discuss and plan the centre's functioning. Following the meeting, minor roof repairs were carried out by the community and installed electricity and water connections and arranged the nurse to be stationed at the village. 4 deliveries have been conducted to date.



Fathers sensitization

HCL Foundation Team visit to Nagaland

Team from HCL Foundation led by Director, Nidhi Pundhir visited the project sites in June 2022. The team visited Namching PHC in Longleng district, Longpang PHC in Tuensang district and Mopong PHC and Ukha Village in Mon district. Interaction programs with the community were organized in all the locations. In Ukha village, the community of Mopong range representing 11 villages organized a reception program where they shared their experiences, issues and performed cultural presentations. Interaction with team and project presentation was held at Longpang.



Cultural presentation by boys during HCLF team visit

House of Hope, Longpang PHC

EVENTS OF 2022

WELLNESS CENTER

The focus on geriatric care was specifically to meet the growing requirements and needs in providing care to the elderly population to help them overcome physical and emotional challenges through timely & appropriate interventions. 4 villages (Hakchang, Maksha, Sangsangyu, Keshai) were covered during this period. 98 elderly persons were screened through regular health check ups. Majority of them had hypertension. 24 Village Health Volunteers were trained for follow-up activities like home based care for nutrition and hygiene, monitoring of their vitals, medications and referrals.

VILLAGE HEALTH NUTRITION DAY

Every month, staff of Longpang PHC conducts Village Health Nutrition Day in coordination with the nurses of sub health centers, Asha's and health workers. On this day, complementary feeding is provided to pregnant women, lactating women and children along with ANC and immunization services and health talks. Height and weight measurement of children are done to monitor growth of children.

EYE CAMP

An eye camp was conducted in Longpang PHC from 14 to 17 April 2022 in which 40 cases of cataract surgeries were performed. Screening camps were in 24 villages under Tuensang, Longleng and Mon districts leading up to the camp. A total 712 people were screened. The eye team was led by Dr. Chingkup who conducted all the surgeries.

21-year-old Lenso and 15-year-old Hijila are siblings from Chendang Village and work as domestic workers in Tuensang town. Both were blind in both eyes for several years but they could not get treated due to financial constraints. They were brought to the camp and underwent procedures for cataract removal for free. They were both able to see well when they were discharged.

COMMUNITY PARTICIPATION

The PHC and the broader health initiative continues to see strong support and participation from all sections of the community. The PHC surroundings are cleaned by SHG members from Hakchang village every month. The Church and hospital committee members from Hakchang, Maksha, Sangsangyu and Keshai village also helped in the construction of a new prayer hall for the hospital.



Baby Care Kits and Nutritional Support

FROM MCKS TRUST FUNDS

The mother and child program received a boost in the form of baby care kits supported through MCKS, a charitable trust based in Bangalore. MCKS provides funds and assistance to those living in poverty and distress throughout India. The support was started in November 2022 and is provided through health centres in Tuensang, Mon and Longleng districts. The baby care kit contains blanket, hand gloves, cap, socks, napkins, diapers, cotton, gauze and essential body care items and Rs 500/- cash to the mother as nutrition support.

This has been of great help for mothers and their newborns as many coming for delivery did not have fresh clothes to wrap their newborns. Some did not even have sufficient clothes which is very saddening. The introduction of baby care kits and nutritional support is encouraging more mothers to come to the health centres for delivery. The mothers receiving the support were truly very happy and expressed their gratitude to ECS and MCKS for their kind support and help. A total of 221 mothers and their newborns were supported with baby care kits and nutrition through 27 health centres.

CASE STUDY

25-year-old Nyamsen is a mother from Sakshi village located 30 kms away from Longleng District. She and her husband, Mr. Haulau are blessed with 5 children and make their living through farming and cattle rearing. Nyamsen was not aware about the importance of pregnancy care and had never gone for an ANC check-up. She delivered all her first four sons at home and the family could not afford them proper care. She said, "I never thought of preparing baby care items due to financial difficulties.

During her visits, the health worker kept encouraging her for institutional delivery and informed her that baby care kits will be provided to those delivering at the hospital. When she was due for delivery, the couple eventually decided to visit the health centre and on 13th October 2022, she delivered her fifth child, a daughter, at Sakshi PHC in Longleng district. The couple thanked MCKS for the support and ECS for taking the initiative and for always being supportive to them.

MON		TUENSANG		LONGLENG	
Name of Health Unit	No of units	Name of Health Unit	No of units	Name of Health Unit	No of Units
Changlangshu PHC	54	Noksen PHC	16	Namching PHC	7
Pessao PHC	10	Longpang PHC	12	Sakshi PHC	9
Mopong PHC	5	Khatur PHC	5	Pongo PHC	3
Yongkao PHC	8	Ngoungchung SC	3	Yangching SC	1
Yakshu SC	1	Yangpi SC	11	Bhumnyu SC	5
Yonghong SC	1	New Chingmei SC	9	Yaong HWC	1
Tobu CHC	10	Sangtak SC	4	Dist Hospital	24
Ukha SC	4	Sotokur SC	4		
Shamnyu SC	6	Dist Hospital	1		
Dist Hospital	1				
Monyakshu PHC	6				
TOTAL	106		65		50



Complementary Feeding

SUPPORTED BY POSHAN ABHIYAN



Since 2019, ECS has been implementing complementary feeding programs in 16 villages under Tobu, Mon district through the church and the community. The Church contributes two percent of the feeding cost, provides the space for cooking and feeding and takes care of any other shortfalls. In most villages, the food is prepared by church members and in some, by the ASHA and Anganwadi workers. The feeding serves as a hub for provision of health services, education and a point for interface between the community and the health system. During the year, a total of 1,712 beneficiaries (pregnant women, lactating mothers and 0-1 children) were reached through the program.



SL	VILLAGE	0-1 YEAR	MOTHERS	PREGNANT WOMAN	TOTAL
1	Yakshu	32	32	11	75
2	Ukha	50	50	20	120
3	Kenchenshu	23	23	9	55
4	Younghong	71	71	23	165
5	Mopong	25	25	1	51
6	Wangshu	48	48	19	115
7	Tobu village	37	37	14	88
8	Changlangshu	78	78	12	168
9	Monyakshu town	23	23	7	53
10	Monyak village	91	91	35	217
11	Pessao	120	120	19	259
12	Tamkong	50	50	8	108
13	Youngkhao	53	53	16	122
14	Yei	13	13	2	28
15	Changnyu	15	15	7	37
16	Bumei	23	23	5	51
	Total	752	752	208	1712



KEY ACTIVITIES CONDUCTED

- Monthly feeding tying up with nurses for ANC, PNC, immunization services and health check ups
 - Height and weight measurements of children
 - Three rounds of anaemia screening conducted in all the villages
 - Mothers' club activities: regular meetings, organizing social work, trainings on hygiene, family planning, ANC, safe delivery through institutional delivery and child Immunization, and centres.
 - 12 new mothers' clubs formed in three villages - 5 in Monyakshu vilage, 5 in Pessao and 2 in Monyakshu Hq.
- Currently, there are 137 clubs with a total membership of more than 1700 members
 - Training of health workers from 21st to 25th May 2022 in the villages
 - Nutrition education sessions and poster campaigns conducted in all villages from 19-29 September in observation of the Poshan Maah month, an effort by Vitamin Angels and UNICEF to amply the importance of nutrition for health across communities.
 - Heath workers review cum reorientation on Caremothers app, reporting formats, ANC and PNC registration
 - Review with committee members

ANAEMIA SCREENING

Anaemia screening camps are conducted to track anaemia among pregnant women and lactating mothers. Three rounds of screening were conducted and those with severe and moderate anaemia were monitored regularly and provided with counselling, nutritional supplements like eggs, iron folic, calcium and vitamins on alternate days by Anganwadi workers and health workers.

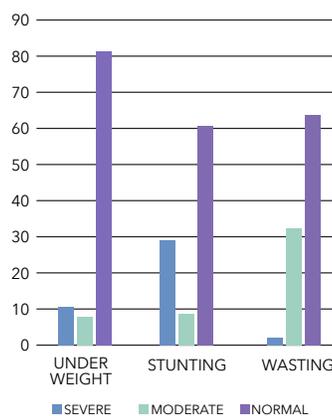
Category	ROUND 1 May-June 2022		ROUND 2 Sept-Oct 2022		ROUND 3 Jan-Feb 2023	
	Numbers	Percentage	Numbers	Percentage	Numbers	Percentage
Normal		42.86	149	36.52	104	34.32
Mild	16	28.57	76	18.63	52	17.16
Moderate	13	23.21	161	39.46	135	44.55
Severe	3	5.36	22	5.39	12	3.96
Total Tested	56	100%	408	100%	303	100%

GROWTH MONITORING STATUS

During every feeding, weight and height measurements are done to monitor the growth and status of children. The status as of January 2023 is illustrated in the graph below



STATUS AS OF JANUARY



Upliftment of Marginal Farmers Through Enhanced and Organised Livelihood Practices

A PROJECT SUPPORTED BY AZIM PREMJI FOUNDATION

The project supports 1500 marginalized farmers in 18 villages in 2 blocks (Noksen and Sangsangyu) of Tuensang district. The key objective is to uplift the lives of the marginalized farmers in the target villages through enhanced livelihood generation programmes such as permaculture, piggery and multi-cropping with back and forward market linkages. The project focuses on the following strategies:

- a. Farm Activities
- b. Non-farm Activities &
- c. Building strong market linkages and skills

Through these interventions, the project anticipates to increase the existing production of selected crops such as Potato, Ginger, Maize, Soyabean, Kholar (rajma) and Pea thereby doubling the income of the marginal farmers. The key activities of the project were:

- Awareness, Mobilization, Formation and Capacity building of farmers and community-based Organizations.



- Livelihoods planning exercise with the FGs, ASPs and community leaders.
- Trained on natural resource Management i.e. soil fertility improvement, conservation, sustainable and equitable use of water for soil rehabilitation and to improve the nutrient status of soil.
- Introduced feasible agricultural technologies and re-strengthening the existing agricultural practices and methods.
- IEC material on various cultivation package of practices (PoPs) translated into local language.

During the year, the project-built alliances and convergence with extension institutions for technology inputs. The project also facilitated formation and adoption of existing Village level marketing committees/ Cluster/Producer Organization for sustainable development. As proposed, 3 existing cluster level Farmers Producer Organization (FPO) in 2 blocks namely Thangjam Edou Agri and Allied FPO covering 6 villages, Sangmei Agri and Allied FPO covering 10 villages and Chenya Agri and Allied FPO covering 2 villages were adopted. Share mobilization drive was carried out in 2 villages and training for the BoDs was also conducted.

Under the livestock intervention, the project forged alliance with the Department of Veterinary, Tuensang and organized Animal Health Camp (AHC) in the project villages. Apart from other logistic and resource support, the Veterinary Department also supplied vaccines to the project helping vaccinate 800 pigs and deworming 701 pigs in 13 villages.

During the Kharif season, 120 MT potato tubers was procured from Kissan Network and supplied to the farmers. Varied vegetables seeds such as cabbage, broccoli, tomato, cauliflower, maize etc were procured and supplied to the farmers. Income from sale of Potato as per the MIS record was Rs 58,30,720 and income from sale of vegetables was Rs. 60,27,000.

In Rabi season, the project procured seeds such as garden and field pea, soya bean, okra, Kholar (Rajma) besides varied vegetables from local vendors and certified agencies and supplied to farmers. more than 2 lakhs vegetable saplings of cabbage, cauliflower and broccoli were procured from 2 farmers entrepreneurs and supplied to farmers.

In both Kharif and Rabi cropping seasons, intensive training on nursery development, transplantation of saplings and the whole package of cultivation practices was provided to the farmers. Extension materials on the package of practices was translated in local dialect and circulated to the farmers for every program activity. Intensive end-to-end monitoring of the program activity was carried out for every crop by the team. Post-harvest management training for every crop was organised in all the participating villages.

The project completed 50 water harvesting tanks in the project villages who had ensured permanent cultivation practices. Gravity based connection of water to the project site harvesting tanks was completed in this villages.

WAY FORWARD

- The project will intensify the share mobilization and membership drive of the FPOs in the targeted villages. The FPOs will be linked to financial institutions for credit support for expansion of business plan. Apart from output chain supply of produce from farm to field, inputs supply chain basing on the requirement of the farmers will be established to expand the business of the FPO, which otherwise will generate income for the FPOs. The Village Level Marketing Committee instituted in the village level will be strengthened through



Cabbage in Longtang village



Potato in Maksha



Potato in Ngangpong



Potato and garden pea in Keshai

various capacity building initiatives. Local and state level marketing avenues will be explored to market the project farm produces.

- Enrol women, formation of SHGs and existing SHGs will be adopted. Line listing and profiling of SHGs will be initiated. The SHGs will further be formed into federations and corpus will be developed for each federation. The existing federations under the project area will be further strengthened.
- The project will further forge strong alliances with other agencies to intensify its intervention in the project villages especially in the piggery sector. The District Level Pig Rearing Federation promoted by NEIDA will be lobbied for feeds and nutrients support to the project beneficiary. Collaboration with the district veterinary department will be strengthened for support and supply of vaccines for swine flu besides support of training and other medicines.
- Extension institutions like KVK will be further strengthened. The project will also forge alliances with other agri and allied departments for input support to farmers.
- To enable farmers scale up production, the project will forge alliances with financial institutions for credit support such as KCC and term loans for farmers. The project will also encourage and enrol farmers under various social security schemes.

Integrated Livelihood Project Phase - II

SUPPORTED BY NEIDA (TATA TRUST)

The Goal of the project is to increase agriculture and livestock income of 4,500 households in Tuensang and Noklak districts of Nagaland. This would be achieved through the development objective of increasing profitability of farming system and sustainability through promotion of Farmers Producers Organisations. The project is supported by TATA TRUST through the North East Initiative Development Agency (NEIDA) for three years covering 3 blocks, 42 villages and 4,500 households till June 2025.

The project will have four components: (a) Market oriented agriculture production (b) backyard piggery promotion (c) promotion of viable Farmers Producers Organisation and (d) Community Institutions.

ACHIEVEMENTS

- In the last 6 months, the project covered 30 villages and conducted sensitization and sharing of project concepts in the village level.
- The project with the support of North East Initiative Development Agency (NEIDA), Kohima had



Hi tech Poly house

constructed 2 poly houses for 2 progressive farmers at Hakchang and Chendang villages respectively. The 2 entrepreneur farmers started raising vegetable nursery in the poly house and the saplings were supplied to farmers. So far, the 2-poly houses has supplied 4.18 lakhs saplings of cabbage, broccoli and cauliflower to the project villages.

- During the last 6 months, the project was able to conduct animal health camp in collaboration with the Department of Veterinary and animal husbandry, Tuensang.

Development of Kiwi Vineyard

SUPPORTED BY NABARD UNDER TDF IN TUENSANG

The project is in its fifth year of implementation and the support is mainly on management and monitoring of the field activity. The plants are in the fourth year, and the first year's plants have started flowering and bearing fruits. The Onglak (wadi) plots are intercropped with potato, maize and varied vegetables. Disease and pest control were an integral part of the activity with preventive measures inputs on IDM and INM. Training for grafting, staking, pruning and trimming of the plant was also demonstrated in the field. As a measure to retain soil fertility, apart from the maintenance of the land shaping works, nitrogen fixing plants were also planted in the plots.

The project also initiated heap composting for supplementing

manure to each plant during management activity. To stabilize and regenerate soil fertility, the project planted Alder trees in the field. The team conducted surveys in both villages and identified the sites for installing 18 storage tanks and 7 Julkhunds in the project sites.

As mandated in the TDF, the project formed "Chenya FPO" which plays a major role in marketing of the produce and input supplies for the farmers. The 200 beneficiaries covered under the project has mobilized shares contribution to the FPO. The total share of Chenya FPO is Rs. 5,00,000/- (five lakhs only). During the year, 2 Mt of cardamom was purchased through the FPO and exported to outside the state. A total of Rs 9 Lakhs was generated from the sale of cardamom.

Development of Orchard

SUPPORTED BY NABARD UNDER TDF IN WANCHING MON

After the covid issue, the project, which is in its 3rd year, has picked up pace in implementation of the program activities. A total of 12000 grafted oranges and 7500 grafted litchi including mortality for the previous year was distributed to the farmers. Apart from the main crop, secondary crops of 10,000 banana (Tissue culture) and Papaya (Red Lady) was distributed to the 200 farmers. Subsequently, several field-based trainings were conducted on layout and designing of orchard, soil and water conservation, Disease and Pest management, water resource development, INM etc. Under women development, the SHG members were given training on value addition, income generating activities on vegetable cultivation in both Rabi and Kharif.

As mandated for promotion of FPOs in TDF, the organization as a CBBO registered "SHÜPJÜM Agri & Allied Cooperative Society Ltd" under Cooperative Department, Mon. Training on the concept and objective of FPO was organized in the village and 200 TDF farmers contributed 1 share each of Rs 500 per share with a total share amount of Rs 1 lakh mobilized in the FPO.

A two day exposure visit was organised for farmers of TDF Mon to Central Institute of Horticulture, Medziphema. Altogether 11 farmer participants excluding field staff attended the program. Dr. Moa, Assistant Horticulture Specialist from CIH facilitated the training course. Practical demonstration and field visit was also part of the exposure program.

During the year, 10 distributor tanks and 2 reservoir tanks were constructed in the project site covering 100 plots. With NABCON, the project completed GIS mapping of all 200 Orchards.



Wheat in Longtang



Sapling distribution

Promotion and Progress of FPOs

The 3 FPOs Ajei-Ai-Watthat FPO Agri & Allied Cooperative Society Ltd, Sangmei FPO Agri & Allied Cooperative Society Ltd and Chenya FPO Agri & Allied Cooperative Society Ltd were promoted with the support of NABARD. Presently, Ajei-ai-watthat FPO has 650 shareholders from 6 villages, 380 shareholders in Sangmei FPO and 250 shareholders in Chenya FPO respectively. 2 FPOs (Ajei-ai-watthat and Sangmei FPOs) were also supported with one pick-up truck each under Gramya Vikas Nidhi. The 3 FPOs were also supported with 5 lakhs each from NABARD under Business Development Assistance.

The annual turnover for the FPOs are:

SR. NO	NAME OF THE FPO	ANNUAL TURNOVER IN RS
1	Ajei -Ai- Watthat FPO Agri & Allied Cooperative Society Ltd	19,04,248
2	Sangmai FPO Agri & Allied Cooperative Society Ltd	10,59,630
3	Chenya FPO Agri & Allied Cooperative Society Ltd	24,96,945

Sustainable Environment & Enhanced Livelihood Program

SUPPORTED BY NAGALAND FOREST MANAGEMENT PROJECT

The Nagaland Forest Management Project (NFMP) is a community-based forestry intervention project which is financially assisted by Japan International Cooperation Agency (JICA) implemented by the Department of Environment, Forest and Climate Change, Government of Nagaland. The main component of the project are Forestry interventions and biodiversity conservation, Livelihood improvement and community conservation & Institutional strengthening. The project has been providing assistance to Divisional Management Unit (DMU)/Field Management Unit (FMU)/ Joint Forest Management Committees (JFMCs) in Tuensang and Noklak districts for carrying out Micro plan activities, formation and strengthening of Self-Help Groups (SHGs), income generation activities and the overall monitoring and evaluation of the project.

Plantation of treatment areas in 11 villages of both batch 1 and 2 have been completed. Under the project, 3 women SHGs were selected through the initiative of FNGO (ECS)

and supported with a Revolving Fund. The project has been assisting the SHGs in preparing Business plan of the revolving fund to invest in various income generation activities. So far, business plans for 30 SHGs under batch 1 & 2 has been completed and are successfully enhancing their activities. Community institutions like SHGs and JFMCs are further strengthened through trainings, seminars, support fund, agriculture input supply and income generation activities. The communities are also encouraged to pursue livelihood activities on both farm and non-farm activities. Value addition training on various products was organized in 4 villages in convergence with NABARD under LEDP. Mushroom cultivation training, Swine vaccination drive was organized in 4 villages in convergence with department of Veterinary and Animal husbandry Tuensang. The beneficiaries were provided improved variety & hybrid seeds at subsidized rate and package of practices training in all the project intervened villages in convergence with other ECS livelihood projects.

Micro Finance

The first thought when we hear the word SHG (Self Help Group), we consider or tend to think of it simply as lending or saving money collectively. The priority and approach of ECS is not limited to saving or lending money within the group. It also seeks to raise consciousness in the women, who mostly are from neglected and ignorant sections of the community, about health issues and health care, their dignity and their roles in the family and society. When ECS started out with SHGs, the first rules outlined for members were;

- Should take bath thrice a week.
- Should wear washed clothes.
- Should drink only boiled water.
- Should mop the kitchen thrice a week.
- Should brush teeth daily.
- Should send children to school etc

These practices were monitored by the Community Board involving representative from every institution functioning in the village. Every group is reviewed once in a week. After

monitoring for six months, the organization starts imparting training on group functioning, regular savings and membership collection and gradually, groups were taught how to sign, lead group meetings and on maintaining a simple cash book.

Today, after twenty-five years, mothers are now more dynamic in saving and earning money, creating market linkages and see health and education as a priority. They are now open to new ways to sustaining themselves through both farm and non- farm activities. The vision the organization had during the initial

years to daunt the high interest private money lenders has been achieved to a large extent.

With the support of Cash Credit Limit (CCL) from NSCB, Tuensang Branch and Main Branch in Dimapur, the organization was able to credit link 73 groups involving 1587 members with an amount of Rs. 1,95,89,000/- at 1.5% monthly interest. With this support many SHGs have been able to establish small backyard farming and invest in education and health care.

Easy Own Project

Easy own project was started in 2018. It enables individuals and families to buy household items like refrigerator, washing machine, almirah, television etc on an installment basis. Due to the pandemic, the project had to be stopped in 2021 and was restarted in December, 2022 after a gap of two years. The sole aim of this project is to help SHGs members to buy the products which they need in an easy way and installment process.



CASE STUDY

My name is Senla from SHG No 11 Tuensang Town. It was very difficult for me and my family to buy products on a onetime payment basis and I was very excited when I heard about Easy own project started by ECS. Through this project, I was able to purchase a refrigerator which I have been longing for a long time and have also assisted many of my friends to buy basic household items through this scheme. I thank ECS for this wonderful opportunity.



Rural Bank Services in Unreached Pockets

ECS has been reaching out and advocating with banks for services as many pockets in the eastern districts are still unreached by banks. The Nagaland Rural Bank approved branches to be set up in Sakshi under Longleng district and Chessore under Shamator district and Lotisami under Zunheboto district. While the process of setting up branches was underway, ECS along with the community mobilized beneficiaries from the areas and facilitated their account opening in Mokokchung Branch. The beneficiaries will be eventually transferred to their respective area branches after the setting up is complete. As of now, the process for Chessore branch has been completed.

SL. NO	DISTRICT	BLOCK	VILLAGE	NO. OF BENEFICIARIES
1	Shamator	Chessore	Hokir	88
			Chessore Village	101
2	Longleng	Sakshi	Yangching	70
			Yongphang	83
			Sakshi	12
			Hongnyu	04
			Pongo	15
3	Zunheboto	Lotisami	Lotisami Old	33
			Lotisami New	18

Sochum



Outdoor studies - Sochum

The concept of 'Sochum', a traditional learning institution, is proving to be a successful approach where community is increasingly taking ownership of the education system and other institutions in the community. ECS continues to run the Sochum project supported by Samagra Shiksha Abhiyan in 18 villages in partnership with Chang Baptist Lashong Thangyen (CBLT) and community as a lead partner on the ground. A total of 727 students were enrolled in the academic year 2022-23. Over the years, the Sochum has established itself as an important institution in the community propelling the education level in rural villages a step further. The communities too acknowledge the role of Sochum in moulding the children and preparing them for the future. At the Sochem, students not only learn regular academic lessons but also get to understand and learn art, crafts, skills and traditional practices that are important part of our Naga

Culture. They learn weaving, knitting, basket making and can sing and make speeches in big congregations.

A lot of change is observed in students enrolled in the Sochum even in terms of personal presentation, discipline and cleanliness. Habits of studying regularly, keeping oneself clean and tidy and appropriate social behaviors and discipline is exhibited by the students. The difference in personality can be seen between students enrolled in Sochum and the others. The achievement can be also be seen through the improving grades. The pass percentage of students from the Sochum was 90% in the academic year 2022. In Yangpi, of the 5 students (2 girls and 3 boys) from the Sochum who appeared the HSLC examinations in 2022-23, all have passed out. Many students who have gone through the Sochum are now pursuing degrees and other courses. The engagement of the community is also



Students arranged at sochum

helping bring about holistic growth of the children.

During the year, the MTU (Mobile Teaching Unit) has covered all the 18 Sochum villages. The role of MTU is to assist teachers and students in government schools where sochum exist and targets students upto 8th standard. The teaching methods employed by MTU includes in-depth discussion, outdoor classes, practical sessions, evaluation, visual aids like video clips, use of flash cards, class test, reading inputs, home assignments, narrative sessions, group discussions, group work, role plays and one to one counseling. Other activities such as teaching action songs, Church services, fellowships and visiting students at home are also conducted.

CASE STUDY

My name is Mapunongba and I am studying in Class 7. For the last 4 years in I have been staying in Noksen Sochum. Being in the Sochum helps me to focus more on my studies and develop my reading habits. Moreover, I have learnt many things through the skill sessions, science exhibitions, cultural activities and also on hygiene, punctuality and developed my personality in so many ways. Through the MTU, I learnt how to do math and understand science with the simple methods they taught us. I aim to continue to live a discipline life and to be successful person in the future. Lastly, I encourage all my friends to join the Sochum and experience the best lesson in life.



Organic produce from Sochum kitchen garden



Friendship day organised in Sochum

ENROLLMENT FOR 2022-2023

SL NO	NAME OF SOCHUM	NO. OF BOYS	NO. OF GIRLS	TOTAL STUDENTS
1	Longra	18	12	30
2	Konya	08	17	25
3	Yonyu	26	38	64
4	Yimpang	13	19	32
5	Yangpi	29	39	68
6	Waoshu	29	23	52
7	Noksen	31	19	50
8	Kejok	14	21	35
9	Bhumpak	12	09	21
10	Hakchang	16	18	34
11	Chingmei	37	41	78
12	Tuensang Village	08	19	27
13	Maksha	17	21	38
		258	296	554

SOCHUM UNDER THE INITIATIVES OF ECS

1	Yali	08	08	16
2	Sangsangyu	21	20	41
3	Nakshou	16	26	42
4	Longtang	15	17	32
5	Chendang	25	17	42
		85	88	173



Orientation of Sochum wardens

Workshop on Teaching Science, Math's and Reading Skills

A training for Sochem Wardens and Mobile Teaching Unit team (MTU) was held from 20th to 27th April 2022 at Longpang PHC, Tuensang with Ms. Aaja and Ms. Indu as the Resource persons. The training focused on the following areas – Reading skills, Teaching Math's and Science. 18 Sochem wardens, 16 MTU Volunteers and 3 Residential hostel teachers attended the training. The methodology for the training

included in-depth discussion on the aims and purpose of Science and Maths and to understand how students learn with common conceptions and explore various approaches and practices such as using story, history, movement, role play, survey and observation. The workshop also designed activities to be taken up based on the learnings during the training.

Residential Hostels

Since 2019, ECS has been running three (3) Residential Hostels for girls in Tuensang, Kiphire and Mon districts of Nagaland. The hostels are supported under Samagra Shiksha Abhiyan, Nagaland Education Mission and implemented through the Church Associations. There are 50 girl students from underprivileged families enrolled in each hostel managed by 3 part time teachers, 2 helpers and a warden. Life Skill Education is incorporated in the design of the hostels for all-round personality development of the students. Activities like songs, drama, cooking, gardening, sports, art and craft making etc plays an important role in the development of the students. The children are also given to participate in important functions like the Independence Day celebration, Teacher's Day and Children's Day. The response from the children is very positive. The sessions are helping them deal with emotions that are not discussed openly or dealt with and a growing level of confidence is evidenced in the way they conduct themselves. The Parents Association and the school management functions more closely through regular meetings and has played key in planning and addressing the needs of the children.



Sports day - residential Hostel



Cleanliness drive - residential hostel

About Jal Jeevan Mission (JJM)



JJM - Water Field Testing kits training at Waoshu village

council, WQT (Water Quality Team), Students, Churches and also the community as a whole.

So far, 101 trainings have been organized training 534 WATSAN committee members and individuals on various modules that includes roles, responsibilities and deliverables of WATSAN committees and WQT, water quality, development of protocols for water source conservation and management, usage of field-testing kit for water quality team, WASH (Water Sanitation & Hygiene), Operation & Maintenance and Financial Management & Budgeting. Baseline survey was conducted in 18 villages covering 373 households and FGD (Focused Group Discussion) conducted in 57 villages with the community institutions. Under JJM (Jal Jeevan Mission), drinking water scheme has been completed in 15 villages covering 4048 households.

Jal Jeevan Mission aims at providing FHTC (Functional Household Tap Connection) to all the households in the village. Its objective is to provide safe, assured, adequate and regular drinking water. Eleutherous Christian Society being an ISA (Implementing Support Agency) covers 61 villages under Noklak, Noksen and Sangsangnyu block. The main focus of ECS as a supporting agency is to conduct various trainings and awareness programmes which will strengthen the community institutions such as WATSAN committee (Water & Sanitation), Village



ECS-JJM IEC and Water service card distribution at Taknyu village

Springshed Based Watershed Development Project



NABARD Springshed - Tuensang village

Springshed based Watershed development project is funded by NABARD with the objective of rejuvenating the springs through development and treatment of catchment areas for recharging ground water. In the last project cycle, the project implemented activities like dugout ponds and brushwood check dams in the springshed area and plantation of coffee, cardamom and other endemic species plant at the watershed area for restoration of the forest and ecosystem. Along with development programme, the project had a livelihood component of piggery and fishery to enhance the livelihood of the community. Through piggery programme, 60 famers were supported with piglets and created a revolving fund for the community. Under fishery, 100 farmers were provided with 1 lakh fingerlings.

Events

ECS SHG Federation celebrated its 25th Year of Existence (Silver Jubilee) from 24th to 25th November 2022. Under the theme “Empowering Women, Empowering Humanity” with Smti. Tiakala Ao, General Manager / Officer In Charge NABARD Regional Office, Nagaland as Special Guest. In commemoration of Jubilee Celebration, the organization launched a scheme “Revolving Fund” of Rs. 5,00,00,000/- (Five Crores) @ 6% Per Annum to promote Income Generating Activity for SHG Members.



Yangpi SHG attending SHG Silver Jubilee

In the Spotlight

Met our dearest Bemomonga, a simple and hardworking man from Longtang Village under Tuensang District. He finished his Bachelor's Degree from Sao Chang College in 2012. His journey with the organization started with a rather unhappy note. In 2012, he applied for the role of a Field Co-Ordinator, but did not get selected through the interviews. He was instead chosen for the role of a Para worker in his native village. In early 2013, his role was expanded to cover two villages but with a meagre wage. Later that year, he was appointed as a full-fledged staff under the ECS Livelihood promotion program. Since then, there was no looking back for him.

After nearly a decade working with the organization, Bemomonga is the go-to person for solutions to any problem under the livelihood program. His life and work have impacted hundreds both on and off the field. He is one of the heroes working tirelessly and efficiently behind the scenes and has helped paint a graceful picture of the organization's work. ECS appreciates and acknowledges the contributions he has made towards the success of the organization through the years.



My Journey with ECS

DR. TOVA

I first heard about ECS during my medical internship when my sister discussed with me an opening for a doctor in a mission based hospital (Longpang PHC) based in Tuensang. My sister was involved with the church and knew about ECS and its mission based directives. I had my first conversation with Mr Chingmak during the end of my medical internship and just talking with him made me comfortable to take up on the opening and the rest is one of the most rewarding time of my life, which had its own good share of ups and downs.

I worked with ECS just shy of 6 years and there are so many lessons that I learnt- realities of life that I saw, things that I have taken for granted that I began to appreciate and most of all witnessed first hand, the power of a community and had the opportunity to be a part of the many activities initiated by the organization.

One of the biggest impacts to my life would be without a doubt the surgery camps targeted towards the most needy. The great efforts taken by Mr Chingmak and ECS towards organizing this camps are difficult to describe and I must say is the most beautiful contribution towards society in its purest form. A most special mention has to go to none other than Dr. Laji Varghese, the one man army without whom the camp would never have been possible. Dr Laji would always be a role model for me and the kind of surgeon that I would strive to become.

I would also have to mention that I was most fortunate to have the best team that I could think of in Longpang. This team made it possible to not only make it through living in one of the most remote places in Nagaland but make it fun while doing so. I am for ever indebted to my team.

I want to especially thank Mr Chingmak for all the encouragements, for helping me through difficult times, for teaching me and always being there when needed. I also want to thank the ECS team who were most kind to the needs of Longpang PHC and always ready to share a hand when needed.

There are so many memories in my journey with ECS that I will cherish forever and I hope that the future would give me an opportunity to be able to contribute again.

My Experience in ECS

N. JAMES CHANG

I started my association with Eleutheros Christian Society from the year 1997 as a Research Assistant for a project funded by Indo-Global Social Service Society (IGSSS). I worked for 3 years after which I left to work in Kohima. In 2004, I again got the opportunity to join the ECS family to work as a Training Coordinator under a Family Health International (FHI) supported project which extended HIV related health services in Tuensang District (including Shamator and Noklak districts). During the period, I had the privilege to visit almost all the villages of the 4 tribes namely Chang, Sangtam, Khaimnungan and Yimkiung.

I also was blessed to be associated with a Life Skill Education program targeting HIV infected/affected families and vulnerable youth population in the district which picked up momentum with the involvement of the 4 major churches associations namely CBLT, YBBA, USBLA & KBCA.

I left ECS in 2011 to lead a new organization named Integrated Development Society (IDS) after the HIV program of National AIDS Control Organization under ECS was transitioned over to Integrated Development Society. In the 10 years of my life in ECS, I have gained as much as I have given.

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