

# ECS Annual NEWSLETTER 2023-2024



## FROM THE SECRETARY'S DESK

*Dear Friends and Supporters of ECS,*

I extend my heartfelt gratitude to all our well-wishers and donors for your unwavering support towards ECS's efforts. Your generosity has been instrumental in driving our initiatives forward. We are thrilled to announce that our Local Democracy project is gradually taking shape, starting with 10 villages across all seven tribes of Eastern Nagaland. Additionally, APF (Azim Premji Foundation) has helped us establish a corpus fund, enabling ECS to embark on many noble initiatives.

In the health sector, we have signed an MOU with NHM to adopt 120 villages surrounding 12 PHCs and have expanded our reach to Ralan in Wokha district too. Our springshed work, supported by Tata Trust through NEIDA, has extended to 60 villages. With NABARD, we have sought sanction for a new TDF at Zunheboto, Springshed in Chendang and Sangphur and hope to venture into more areas soon.

We are grateful to the Wipro Foundation for their continued support, extending our project for another three years. This collaboration has increased immunization numbers and community response. One lesson we have learned is that sustained effort works.

The community around ECS has been our greatest support. We thank the Hakchang Village Council for allocating 30 acres of land for our skill center cum farm school. The APF's approval for the construction is another milestone, and we aim to complete the work by 2025, with programs starting by April 2026. Our primary objective is to equip school dropouts with practical skills, fostering a multigenerational learning environment.

With the global climate changing, the years ahead will be challenging for our farmers. ECS is actively working to make natural farming more relevant and self-sustaining. For this, we have signed an MOU with the Axis Bank Foundation to adopt 4500 farmers in the next 5.5 years. We are excited to welcome Medicine Sans Frontiers as our newest supporter, hoping they will help us reach the remotest regions of the Noklak district. We have recently adopted the Pangsha PHC and 6 villages around it, with a young Medical Officer identified by the community to man the PHC.

Thank you once again to all our well-wishers. We look forward to your continued support as we strive to make a meaningful impact.

Warm regards,



Rev. Dr. Chingmak

Secretary

Eleutheros Christian Society

## THEMATIC AREA & WORK



REFORMATION OF RURAL PRIMARY, MIDDLE AND HIGH SCHOOL EDUCATION.



RURAL HEALTH CARE THROUGH PROMOTIVE, PREVENTIVE AND CLINICAL SERVICE AND WITH EMPHASIS ON MATERNAL AND CHILD HEALTH.



LIVELIHOOD PROMOTION THROUGH FARM AND NON-FARM.



WOMEN EMPOWERMENT THROUGH SELF HELP GROUP PLATFORM.



WATER AND SANITATION HEALTH (WASH) AND SPRINGSHED/WATERSHED DEVELOPMENT.



COMMUNITY REFORMATION THROUGH LOCAL DEMOCRACY.

## IN PARTNERSHIP WITH

CHANG BAPTIST LASHONG THANGYEN

**CBLT**

TIKHIR BAPTIST BITI ATÜKHIANTI

**TBBA**

PHOM BAPTIST CHRISTIAN ASSOCIATION

**PBCA**

KONYAK BAPTIST BUMEINOK BANGJUM

**KBBB**

YIMKHIUNG BAPTIST BORÜ AMUKHUNGTO

**YBBA**

KHIAMNIUNGAN BAPTIST CHURCH ASSOCIATION

**KBCA**

UNITED SANGTAM BAPTIST LITHROTI ASHIMÜKHONG

**USBLA**

# HR UPDATES (2023-24)

|                                      |            |
|--------------------------------------|------------|
| <b>Regular Staff</b>                 | <b>20</b>  |
| <b>Project Staff</b>                 | <b>64</b>  |
| <b>New Staff Recruited (2023-24)</b> | <b>21</b>  |
| <b>Staff Resigned (2023-24)</b>      | <b>3</b>   |
| <b>Para Workers</b>                  | <b>171</b> |

- Ms. Naongmonyu, Ms. Somet Naro and Ms. Nyenglei had completed 1 year certificate course on Community Health Learning program (CHILP), Empowering Change Agents facilitated by the Society for Community Health Awareness Research and Action (SOCHARA) Bangalore.
- Mr. Pankaj Das had completed 3 months certificate course on Cooperate Social Responsibility (CSR) organised by Investment & Development Authority of Nagaland (IDAN), Kohima and facilitated by HCL Foundation.
- 3 days Workshop of project staff on team building organised by HR department of the organisation.
- 3 days training for Development Secretary's of 7 Churches Association of Eastern Nagaland.

## VISIT TO THE ORGANISATION

- DAN Foundation, Madhurai, Tamil Naidu.
- APMAS, Hyderabad, Telangana.
- Lab Science, Pune Maharasta

## ECS WEB-BASED DATA MANAGEMENT SYSTEM.

An MoU was inked with K-Link Foundation based in Gujarat for development of MIS system of the organisation. The objective is to understand the various aspects related to household, entitlements, livelihoods and community well-being through structured questionnaires, surveys and interviews. The data base will determine project impact and also assist in village development planning. ECS has instituted separate MIS verticle from the current year.



*Staff Birthday Celebration*



*Workshop of project staff on team building*



*Training for Development Secretary's*



*APMAS Visit to Organisation*



*CGM NABARD Visit to FPO Godown*

# STAR EMPLOYEE

## QUARTERLY (2023-24)

### 1<sup>ST</sup> QUARTER



### 2<sup>ND</sup> QUARTER



### 3<sup>RD</sup> QUARTER



### 4<sup>TH</sup> QUARTER



# LIVELIHOOD INITIATIVES

- Projects supported by Azim Premji Foundation for Upliftment of marginal farmers through enhanced and organised livelihood practices covering 1800 households in 15 villages under Tuensang district. Integrated Livelihood Project supported by NEIDA covering 4500 households in 42 villages under Tuensang and Noklak districts.
- Tribal Development Project (TDF) supported by NABARD covering 200 households in, Wakching Block of Mon district.
- Tribal Development Project (TDF) supported by NABARD covering 200 households in Sangsangyu block of Tuensang district.
- Tribal Development Project (TDF) supported by NABARD covering 200 households in Akuluto block of Zunheboto district.
- Promotion of Farmers Producer's organisation under PODF-NABARD – Ajei-ai-Watthat FPO in Noklak, Sangmei FPO in Noksen and Chenya FPO in Sangsangyu blocks.
- Promotion of Farmers Producer's Organisation under Central Sector Scheme (CSS) Supjam FPO under Wakching block in Mon.



## INPUT SUPPORT

- 60 MT of potatoes was distributed across project villages.
- Distributed high-quality vegetable seeds.
- 34 training under agriculture promotion, 38 training under piggery and 35 under community institutions.
- More than 10 lakhs cabbage and Cauliflower saplings distributed to the farmers from the 3 poly houses.
- 50 water tanks and 7 Julkhund constructed for irrigation.
- 1 Agri Costume Hiring Centre established in Noksen village.
- 26 Animal Health Camps, disinfectant and vaccination drives has been organised in participating project villages.

## KEY ACHIEVEMENTS

- 1738 households generated income between 50,000 to 1,00,000.
- 2341 households generated income between 1,00,000 to 2,00,000.
- 32 households generated income more than 2,00,000.
- Total sale proceed session is more than 18 crores in Kharif and 16 crores in Rabi.
- Total sale proceeds of both kharif and Rabi crops is more than 38 crores with an average household income of 90,000.
- Total income generated from piggery enterprise is 2.9 crore with an average household income of 27,000.
- 20,000 kiwi plants planted in TDF Tuensang.
- 5,000 Orange (Kashi Mandarin) and 3600 Litchi planted in TDF Mon.
- 404 Mango (Var:Amrapali) and 637 Litchi planted in TDF Zunheboto.
- 986 pigs vaccinated in 26 project villages.
- Annual turnover of Rs 1.20 Cr in 3 FPOs engaged in large Cardamom.
- 1920 shareholder mobilized in 5 FPOs so far.



**LIVELIHOOD STAFF EXPOSURE TO ANDHRA PRADESH AND UTTARAKHAND**

## A CASE STUDY

### MR CHOLLEN FROM STRUGGLE TO SUSTAINABILITY

In Longtang, a picturesque village with rolling fields and serene landscapes, Mr. and Mrs. Chollen faced a harsh reality. Despite their relentless efforts, their income from traditional farming and livestock rearing was barely enough to make ends meet. The dream of investing in their future or saving for a rainy day seemed out of reach. Since ECS intervention in his village from 2012, Chollens began to see a path forward through the trainings provided and application of modern and scientific farming methods.

#### EMBRACING CHANGE AND REAPING REWARDS

Mr Chollens embraced these new techniques wholeheartedly. The introduction of the System of Rice Intensification (SRI) revolutionized their farming practices, leading to significantly higher yields. Additionally, joining the Farmers Producer Organization (FPO) allowed them to market their produce—cardamom, ginger, and other agricultural products—more effectively.

Livestock rearing also saw a transformation. With improved feeding practices and preventative measures, their livestock became healthier and more productive. These changes collectively boosted Mr Chollens' income, marking the beginning of a new chapter in their lives.

#### FINANCIAL GROWTH AND STABILITY

The impact of these interventions was profound. Within a year, Mr Chollen income is increasing. He now earns an average of 1 lac annually from his farm and livestock produce. This remarkable increase in earnings not only provided financial stability but also empowered Mr Chollens to take significant steps towards a better future. They are now constructing a cemented house in his native village, a dream that once seemed unattainable.



#### A FUTURE FULL OF PROMISE

Reflecting on his journey, Mr Chollen express deep gratitude for the material support and training. Looking ahead, Mr Chollen plan to continue expanding his agricultural and livestock ventures. With the knowledge and skills acquired, he is more confident in his ability to sustain and grow his income, ensuring a bright future for their children.

#### CONCLUSION

The story of Mr. and Mrs. Chollen highlights the transformative power of modern agricultural practices. Their journey from struggle to sustainability serves as an inspiring example for other farmers in the region, demonstrating that with the right resources and determination, a better future is within reach.

## FROM STRUGGLE TO STABILITY: YANCHU'S JOURNEY (A CASE STUDY)

In the quiet village of Sangdak, located just 32 kilometres from Tuensang Hq, Mr. Yanchu's life was a daily grind of hard work and minimal returns. Before supported with mini breeding unit from the project, Yanchu's annual income from pig sales hovered between ₹30,000 to ₹40,000—a modest amount that barely covered his family's basic needs.

However, 2023 he was selected under mini breeding unit from the Organisation. The project introduced him to scientific pig rearing methods, transforming his small-scale operation into a thriving business.

### A LEAP IN INCOME

With the new techniques, Yanchu's income surged. He earned ₹1,15,720 from the sale of fatteners, ₹19,500 from piglet sales, and an additional ₹28,000 from boar services. This substantial increase in earnings allowed Yanchu to make significant improvements in various aspects of his life.

### INVESTING IN THE FUTURE

One of the most impactful changes was Yanchu's ability to invest in his children's education. He ensured that his children could attend school, securing their future prospects. Furthermore, Yanchu began contributing to the construction of a new, comfortable home for his family. Yanchu also wisely reinvested his earnings into acquiring essential tools and machinery to aid his farming endeavours. With newfound financial stability, he purchased an electric welding machine, a router, a drill machine, an electric planer, and a jigsaw. These tools, funded solely through his earnings from pig farming, have enabled him to expand his operations and enhance productivity and income.



### GRATITUDE AND AMBITIONS

Yanchu extends heartfelt thanks to ECS for their steadfast support. Looking ahead, Yanchu plans to further expand his pig farming business. He aims to introduce more advanced techniques and possibly diversify into other agricultural ventures, leveraging the skills and knowledge gained from the project. His story stands as a testament to the power of community support and the impact of adopting modern farming methods.

### CONCLUSION

Yanchu's journey from struggle to stability illustrates the transformative power of organized livelihood initiatives. His success story not only inspires his community but also highlights the potential for similar projects to uplift marginal farmers across.

## BRIDGING GAP OF UNEMPLOYMENT THROUGH FARM SCHOOL

Many educated youths face unemployment due to high and rising state joblessness. They are reluctant to return to farming, creating a need for a solution. The farm school aims to bridge this gap by teaching modern farming techniques and linking educated unemployed youth to banking institutions for project funding in their projects.

The farm school will cover:

- Soil Health Management: Crop rotation, composting, soil health.
- Efficient Irrigation: Drip irrigation, rainwater harvesting.
- Pest and Disease Control: Integrated pest management (IPM).
- Non-chemical Manure: Bio-nutrient methods.
- Crop and Livestock Management, Animal Husbandry.
- Farm Budgeting, Financial Management, Marketing, and Value Addition.
- Mechanical and Equipment Skills.

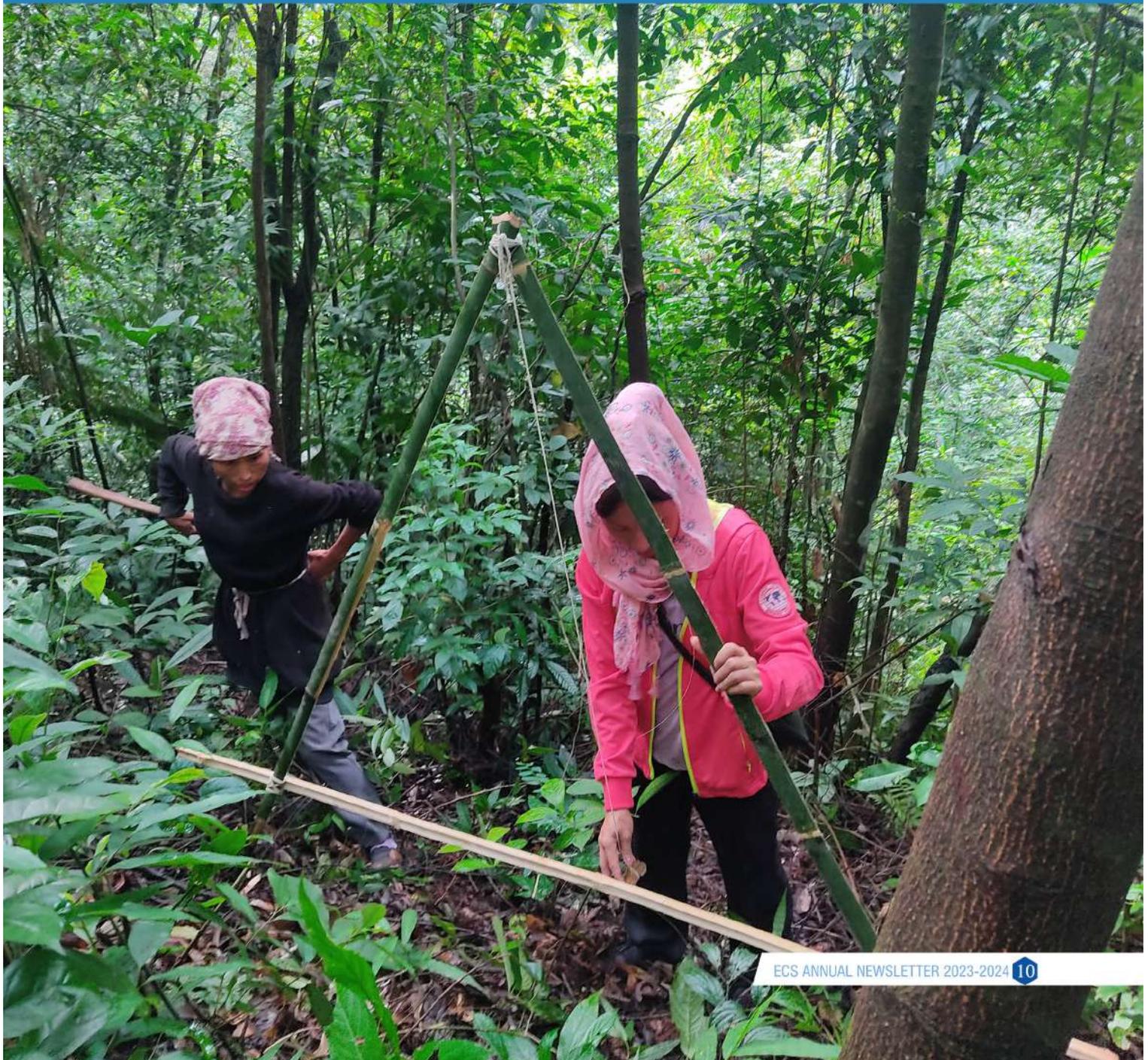
Youth will be trained in IPM/IDM, with surveillance and field days organized in collaboration with experts. The farm lab will study traditional pest and disease control methods. Trained youth will be identified as Agripreneurs and supported in high-value vegetable and nursery enterprises, becoming role models for rural agriculture. Support for developing and managing business plans and connect Agripreneurs with financial institutions and market services.

The project will introduce farmer-friendly technologies like solar-based cold storage and promote natural and organic farming practices, ensuring technological and logistical support.



# ENSURING WATER SECURITY IN THE HILLY REGION:

- Jal Jeevan Mission implemented with the support of NEIDA in collaboration with PHED GoN covering 4500 households in 58 villages under Tuensang and Noklak districts.
- Water Security Programme through Springshed Management supported by North East Initiative Development Agency (NEIDA) and TATA Trusts implementing in Tuensang and Noklak Districts targeting to revive 110 springs in 55 villages.
- Springshed based watershed development programme implemented in Sochet springs under Tuensang covering 300 hectares.
- Springshed based watershed development programme implementing in Chendang under Tuensang and Sangphur under Shamator districts with a target to cover 600 hectares each respectively.



# JAL JEEVAN MISSION:

The goal was to empower the Water and Sanitation Committees (WATSAN) at the village level through capacity building activities and to raise awareness on the mechanisms of operation and maintenance after completion to ensure sustainability.

## Key Achievements:

1. Conducted 383 training sessions on various modules, with a total of 2,012 participants.
2. Verification of Village Action Plans conducted at 58 villages.
3. Provided 84 training sessions on using Field-Testing Kits for water quality testing in 58 villages.
4. Organized cleanliness drives in 124 villages, planted 30,000 trees on World Environment Day 2023.
5. Assisted 41 villages in developing signage for the protection of water sources and forest conservation.
6. Distributed informative IEC (Information, Education, and Communication) materials to all 58 villages to raise awareness about the project's activities.
7. Conducted a baseline survey in 18 villages, covering 373 households, and held Focus Group Discussions in 55 villages.



# A CASE STUDY

## ENSURING WATER QUALITY IN WONTHOI VILLAGE

### BACKGROUND OF THE VILLAGE:

Nestled in the remote eastern part of Nagaland's Noklak district, Wonthoi village faced considerable hurdles in accessing safe and sufficient water for drinking and domestic use. The community's situation transformed significantly with the intervention of the Jal Jeevan Mission (JJM), a project spearheaded by the Jal Shakti Ministry with the ambitious goal of providing functional household tap connections to every rural household in India by 2024.

### THE INTERVENTION:

Under the Jal Jeevan Mission, Wonthoi village received tap water connections for all 105 households, marking a major improvement in their water infrastructure. Alongside this vital development, the village established a dedicated five-member water quality team composed of local women volunteers. These team members underwent comprehensive training by ECS staff, learning to use field testing kits to assess crucial water quality parameters such as pH, turbidity, hardness, iron, fluoride, and nitrate.

### THE AFTER:

The newly formed water quality team in Wonthoi now plays a crucial role in ensuring that the water remains safe and potable. They regularly monitor water sources, collect samples, and document their findings, which are then reported to both the village authority and the district administration. This meticulous monitoring process guarantees that the water delivered to the villagers is consistently safe. Beyond their technical responsibilities, the team members actively work to raise community awareness about water quality and promote essential hygiene practices. Their dedication and efforts have not only improved the village's water quality but have also empowered them and inspired other women in Wonthoi and surrounding areas.



Luthe Shiu, a member of the Water Quality Team, reflects on her experience: "I feel very blessed being a member of the water quality team of our village. Ever since we were trained on how to use Field-Testing Kits by ECS, I have volunteered my time and knowledge towards our community. I also thank ECS and NEIDA for providing us with the training on the usage of FTKs."

### CONCLUSION:

The Jal Jeevan Mission's intervention in Wonthoi village exemplifies the profound impact of dedicated community efforts and technical support in improving water quality. By empowering local women and establishing robust monitoring practices, the project has not only enhanced the quality of water but also fostered a sense of community responsibility and self-reliance. This case study highlights the significant strides made towards ensuring safe and sustainable water access in rural areas, offering a model for similar initiatives across the region.

# SPRINGSHED MANAGEMENT:

- The Water Security Programme through Springshed Management in Tuensang and Noklak Districts targeting to revive 110 springs in 55 villages.
- 11 springs were treated in 6 villages covering 17.7 hectares, where comprehensive set of Engineering and Bio-Engineering measures like Staggered Contour Trenches, Recharge Pits, Dugout Ponds, Stone Bunds, Brushwood Check Dams, Bench Terraces, Loose Boulder Check Dams and Palisades are being constructed to enhance water availability by harvesting runoff, recharging aquifers, and conserving soil and water resources.
- 34 existing WATSAN (Water and Sanitation) committees and 1 WATSAN committee were adopted as Springshed Committees to ensure local participation and ownership. These committees play a crucial role in overseeing and managing the Springshed activities.
- 35 para workers selected in 35 villages in Tuensang and Noklak districts. 2 intensive training conducted to equipped the para worker with the necessary knowledge to implement and sustain the project interventions effectively.
- 53 training sessions were conducted with 750 participants, focus on climate change, understanding spring hydrogeology, and spring water management with an aimed to equip the communities with the knowledge and skills necessary for sustainable water management.

The first year of the "Water Security Programme through Springshed Management" has laid a strong foundation for achieving long-term water security in the Tuensang and Noklak districts. As the project progresses, the continued dedication and collaboration of the involved communities and organizations will be crucial to sustaining these vital water resources for future generations.



## STRUCTURES CONSTRUCTED FOR SPRING WATER RECHARGE

| Sl. NO | Name of Village | Name of Springs | SCTs        | Brushwood check dam | Check dam | Dugout pond | Stone bund | Palisade  | Bench terracing | Trees planted | Spring Box |
|--------|-----------------|-----------------|-------------|---------------------|-----------|-------------|------------|-----------|-----------------|---------------|------------|
| 1      | New Chingmei    | Pholi           | 150         |                     |           | 2           | 2          | 30 units  | 20 units        |               | 1          |
| 2      | New Chingmei    | Sangkhu         | 300         |                     |           | 2           | 2          | 30 units  | 20 units        | 200           |            |
| 3      | Keshai          | Incham          | 300         | 2                   |           |             | 2          | 35 units  | 20 units        |               |            |
| 4      | Maksha          | Meilishi        | 300         | 25                  |           | 3           | 5          |           |                 |               |            |
| 5      | Maksha          | Mousak shu      | 300         | 5                   |           | 2           | 6          |           |                 |               |            |
| 6      | Chingmelen      | Jeepho          | 495         | 17                  | 3         |             |            |           |                 |               |            |
| 7      | Chingmelen      | Kungli          | 500         | 10                  | 3         | 3           |            |           |                 |               |            |
| 8      | Bhumpak         | Ok thim         | 450         | 7                   |           | 3           | 3          |           |                 |               |            |
| 9      | Bhumpak         | Woushu          | 450         | 6                   |           | 3           | 3          |           |                 |               |            |
| 10     | Helipong B      | Sanghang        | 450         |                     |           | 3           | 3          |           |                 |               |            |
| 11     | Helipong B      | Langke          | 350         | 3                   |           |             | 3          |           |                 |               | 1          |
|        | <b>Total</b>    |                 | <b>4045</b> | <b>75</b>           | <b>6</b>  | <b>21</b>   | <b>29</b>  | <b>95</b> | <b>60</b>       | <b>200</b>    | <b>2</b>   |

## SPRINGSHED BASED WATERSHED DEVELOPMENT PROGRAMME



As an entry point activity of the project, the Watershed committee and Village Council of Sangphur village constructed water storage tank with a dimensions of 6 feet in height and 11 feet in width and 11 length with total volume of 16000 liters in the newly established sector having 42 households. The total community's contribution to the activity was Rs 1.14 lakhs.

In Chendang, the Village Council and the Watershed Committee had decided and constructed marketing shed measuring 30 feet in length and 12 feet in width with provision of drinking water and storage facility. The total community's contribution to the activity was Rs 1.23 lakhs.

# HEALTH

- "Improving primary health care access in Eastern Nagaland" supported by Azim Premji Foundation (APF) intervened in 45 villages covers 77214 population in the 5 districts of Nagaland.
- "Mother and child Health care Initiative in Noksen and Adjacent blocks of Tuensang" supported by WIPRO Care intervened in 16 villages covers 18447 population in Noksen block of Tuensang district.
- PHC Longpang – a Public Private Community Partnership (PPCP) Primary Health Centre supported by Directorate of Health and Family Welfare (DH&FW) Nagaland
- "PHC Ralan Strengthening project" supported by APPRAVA Energy in 10 villages with 5827 population in Ralan block under Wokha district.
- Intervention intervention to improve health access in border villages centred on development of PHC Pangsha and Noklak District Hospital as referral points. The project covering 6 villages with 12436 population is supported by Medecins Sans Frontieres (MSF) France.

An MoU was signed between ECS and NHM/DOHFW (Department of Health and Family Welfare) to jointly implement an initiative to strengthen 17 health centres covering over 115 villages through outreach in 5 districts.



## KEY FOCUS AREAS

- Strengthening access to mother and child health services
- Delivering services through doorstep approach
- Capacity building of para workers
- Nutrition education
- Strengthening health centres in partnership with community and health department
- Outreach health clinics
- Formation and development of mothers' clubs
- Screening for non-communicable like diabetics, hypertension, common cancer etc. (40-65 years).
- Geriatric care



*Community meeting with CMO Wokha at PHC Ralan*



*Health Camp New Chandalashung*



*Health Volunteers Training*



*Meeting with key officials department of health and family Welfare*



*Mothers Club Training*



*Digital Dispensary, Namching PHC*

## KEY ACHIEVEMENTS:

- Formed 49 clubs in 18 villages fostering group learning and action.
- Programs for menfolk conducted in 45 villages to sensitize them on the needs and issues of women and children
- General surgery camp held from 1st to 23rd February 2024 at Longpang PHC in partnership with Dr. George (Laji) and Dr. Sheila Varghese, CISHR, Azim Premji Foundation and NHM Nagaland. Altogether, 300 patients were screened of which 123 surgeries (68 Minor and 55 major surgeries) were conducted.
- Eye surgery camp conducted at Longpang PHC from 20th to 29th November 2023 in partnership with Medical Mission International, Mercy Eye Center, Dimapur and National Health Mission. 103 surgeries were carried out and more than 800 spectacles were distributed during the camp.
- In PHC Ralan, a doctor, nurse, lab technician, insurance operator and a janitor were deployed, renovated the facility, set up a pharmacy & laboratory, assembled furniture and essential utilities, repaired the ambulance and activated health services.
- In PHC Pangsha, efforts included deploying additional manpower including a doctor, facility improvements including setting up of a pharmacy and laboratory and initiating outreach work in 6 villages.
- Set up digital dispensary system at Namching PHC in Longleng district. Digital dispensary is a technological innovation that enables physicians to provide quality primary healthcare in remote locations using telemedicine.
- Exposure visit organised for village councils, Health committee and community leaders from Ralan, Namching, Pangsha, Angangba at PHC Longpang and PHC Mopong
- 17,390 individuals accessed outpatient services of which 737 were admitted through 18 health centres supported by ECS.
- A total of 580 institutional deliveries were conducted across the project areas constituting about 64% of the total deliveries
- 66 trainings conducted on maternal and child health, nutrition, non-communicable diseases, and geriatric care.
- ToT on Life skill education conducted for 16 staff from Gabriel ministry and ECS health team
- Training conducted for ECS health team, nurses from 5 health centres and para workers from 40 villages from Tobu & Mopong blocks (Mon), Tuensang and Namching cluster (Longleng).
- Training of para workers - ASHA, health workers and angangwadi workers conducted in New Ralan
- Nutrition education programs were conducted in 9 locations reaching out to 217 participants from 13 villages
- Training of health volunteers conducted in 5 locations covering 112 volunteers from 21 villages in Longleng, Tuensang and Mon districts.
- Review and planning meetings conducted in 2 locations with health workers and ASHA from 44 villages

## CASE STUDY ON TRANSFORMATIVE SURGERIES

### Case 1: Akhumla 1.2 years, cleft lip + palate repair

#### BACKGROUND:

One year old Akhumla, daughter of Tango and Haul from Keshai village was one of the many patients that received transformative surgery at the 2024 Surgery Camp at Primary Health Centre Longpang. Tango and Haul are young parents in their mid twenties who have been receiving health care services at PHC Longpang, including all ANC and delivery. "I couldn't help but cry when I delivered Akhumla. I was so worried about what will happen to my daughter to grow up with the deformity." Akhumla's family had been anticipating the surgery camp for a year and had signed up when the medical team came for screening to their village.

#### CASE:

Akhumla was born with a complete unilateral cleft lip and palate. This condition led to many challenges in feeding the baby. Breastfeeding was one of the most difficult challenges, leading to the mother depending on other feeding methods to feed the baby. Fortunately, the baby has been able to eat well and looked satiated at all times. No clinical signs and symptoms of undernutrition were observed.

#### SURGICAL MANAGEMENT:

The surgical team was able to successfully repair the cleft lip and palate. There were no procedural complications, as well as no post op complications.

#### CONCLUSION:

Patient's wound has been able to heal normally and has had her sutures removed. Patient is eating properly and is recovering well.



BEFORE



AFTER

## PROFESSIONAL COURSE ON GERIATRIC ASSISTANTS

**ECS**, in partnership with Win + Age, offers a three-month professional geriatric care course for young graduates from Nagaland. The course covers comprehensive modules on elderly care, anatomy, physiology, disease conditions, nutrition, empathy and companionship, communication, and universal geriatric care. It provides theoretical and practical experiences to enhance students' skills and professionalism. ECS recognizes the demand for geriatric caregivers worldwide, including within Nagaland, where many caregivers are underpaid, mistreated, and lack formal education and professional affiliation. They aim to change this by providing young professionals with the necessary qualifications and connecting them to organizations to protect them from violations. Trainees gain practical exposure through clinical ward rounds, community visits, guest lectures, and training from physiotherapists and nutritionists. Testimonies from trainees reflect their increased confidence and ability to provide quality care. Overall, the course aims to bridge the gap in healthcare quality and improve the employability of young professionals.



## GERIATRIC CARE PROGRAMME AT LONGPANG PHC AREAS

The Geriatric Care Programme (GCP) was started at Longpang PHC to provide health rehabilitation for older adults in the surrounding villages. The program focuses on five key areas: health, wellness, nutrition, hygiene and sanitation, and entertainment. Economic transitions have led to many families leaving the villages in search of work, leaving the elderly behind. Sending financial aid and spending time together during holidays is not sufficient for their long-term well-being. To address this, the GCP was initiated to provide year-round care for the elderly. The program currently operates in four villages, with elderly individuals from other villages, especially Mon district, also being served. The elderly are brought to the health center to stay for a week or as needed for their illnesses. Intense rehabilitation is provided during this period, including health screening, fluid drips, multivitamin supplements, and a nutritious diet. The aim is for the elderly to return home in improved health until the next rotation. The GCP aims to ensure the well-being of older adults and address the challenges faced by families in caring for them.



Nutrition is vital in this program, with a dedicated nutritionist planning balanced diets tailored to the elderly's health and care needs. Personal consultations address specific issues such as hypertension, diabetes, and anemia. Ensuring hygiene and sanitation, the program provides 24/7 access to clean RO filtered water and maintains clean and hygienic toilets. Additionally, the program acknowledges the significance of happiness for longevity. Leisure activities and entertainment contribute to excitement, happiness, and provide engaging conversation topics for the elderly.

## CASE STUDIES ON TRANSFORMATIVE SURGERIES

### *Story of a young Girl Tongu 'I Became The Primary Caregiver To My Father At 11'*

Life took an unexpected turn for me as a child growing up in a small town. Despite financial struggles, I had a stable family and a typical life. However, everything changed in 2013 when my father, who had been battling substance abuse for years, suffered a severe injury while intoxicated. The injury became septic, leading to the amputation of both his legs. This event caused my mother to abandon our family, and some of my siblings left as well. At just eleven years old, I became the primary caregiver for my father, forcing me to drop out of school. Luckily, we found support at PHC Longpang, where the medical staff became like family to us. Despite the challenges of caring for my bedridden father without prior experience, I learned to handle tasks such as cooking, cleaning, and administering medication. I wish there were opportunities for people like me to study and clear my board exams from home because it is practically impossible to leave my father alone. But I am still grateful for everything because of the love and support we get from everyone around us. Without the support of the community and Longpang staff, I cannot even imagine navigating things on my own.



## CASE STUDY:

### SHIPONG JOURNEY AS A HEALTH WORKER TO GOVT. APPOINTMENT AS ASHA WORKER

Shipong 32 years, originally from Jakpang village under Mon district, Nagaland, has had an inspiring journey. Married to Khole (30years) from Yongkhao village, she began her service as a women pastor in 2017. Her dedication and commitment to the community did not go unnoticed. In recognition of her potential, the village council appointed her as a health worker for the ECS under the Project mother and Child Health Care project. Over nearly Four years, Shipong role as a health worker allowed her to gain expertise in various fields. Including delivery and immunization. Despite the challenges posed by the lack of network services and difficult transportation, especially during monsoon season, she managed to handle deliveries and ensure that immunization was carried out effectively. She attended numerous training sessions and meetings organized by the organisation, which significantly broadened her knowledge and skills. Her hard work and dedication culminated in her decision to appear for the ASHA interview in 2023, representing Yongkhao village. During the selection process, Shipong shared her extensive experiences and the knowledge she had gained over the years. Her passion and commitment shone through, leading to her successful selection as an ASHA worker. This achievement brought her immense joy and gratitude for the opportunities provided by the organisation. Today, Shipong continues to serve the community not only as a women pastor but also as a health worker and ASHA. Her journey is a testament to the impact of dedication, continuous learning, and the support of community initiatives. Her ability to handle deliveries and immunizations under challenging conditions highlights her resilience and commitment to the well-being of her community.



# PROMOTING EDUCATION

- Subash Chandra Bose Avasiva Vidyalaya a Residential Hostel (RH) for Girls in Tuensang, Mon and Kiphire with a capacity of 50 seats each is a project supported under Samagra Shiksha Abhiyan Nagaland.
- The KGBV Model Residential School Wanching with 88 girls under Mon district is a Hostel supported by Samagra Shiksha Abhiyan Nagaland.
- Sochum (Traditional Morung) runs in 16 villages under Tuensang district supported under Samagar Shiksha Abhyan Nagaland.
- The Azim Premji Foundation (APF) had supported HSLC students of 18 GHS across the 6 districts of Eastern Nagaland.



## RESIDENTIAL HOSTEL SPOTLIGHT: EMPOWERING GIRLS THROUGH EDUCATION

- Academic result: Kiphire RH secured 100% passed percentage, Tuensang with 98% and Mon with 95.8% having 3 drop out students on health issues.
- Maintained kitchen garden with piggery unit and fishery unit in all 3 RHs to supplement the kitchen mess.
- Setting up of mini library in 2 RH, Tuensang and Kiphire.
- Routinely organized skill session and annual games & sports meet in all RHs. Besides art and craft, students were also trained to make sanitary pads.
- Maintained strict discipline of study hour in the RH.
- Organized Morung night in all RH during local festivals.
- Organized quarterly meeting with parents and teachers.
- Parents of RH in Sangsangyu constructed store in the RH.



## MODEL SCHOOL WANCHING : TRANSFORMING EDUCATION IN RURAL NAGALAND.



- In 2023-24 Academic result, the hostel produced 95.45% passed result.
- Introduced a structured high-quality educational environment, providing children with access to better learning resources and qualified teachers.
- Emphasis on literacy and numeracy.
- Engaged community in all school activities and fostering a sense of ownership and responsibility.
- Emphasis on the holistic development of education.
- Curriculum like health and hygiene, life skill trainings were included.
- Capacity building and workshop for teachers.

# SOCHUM: NURTURING COMMUNITY-DRIVEN EDUCATION

The traditional concept of hostels, locally known as 'Sochum,' has proven to be a transformative approach where communities take ownership of educational institutions. With support from Samagra Shiksha Abhiyan and in partnership with Chang Baptist Lashong Thangyen (CBLT), the Eleutheros Christian Society (ECS) has successfully implemented Sochums in 16 villages under Tuensang district.

## A DAY IN A SOCHUM

The concept of 'Sochum,' aims all round development of the children physically, intellectually, spiritually, emotionally and socially. Sochum students wakes up at early 4 o' clock, freshen in half hour and have light tea and by 5 am till 7 am study lessons. At 7 am students go back home have lunch and dress for school. From 09 am till 2 pm students are in school. After school, students at home helps their parents in household chores like collecting firewood, fetching water and most importantly cooking for their parents who will be returning home after a hard day in the field. Students freshen up have dinner and report to Sochum by 5 pm in summer and 4 pm in winter. On reporting to Sochum, students are engaged for an hour in fellowship/prayer program where singing, storytelling and bible words are presented. The warden selects Sochum Council with equal representation of girl. Sochum council have discipline, fellowship, garden, study etc committee with one student as leader in each committee and girls are given the priority. After the fellowship, students are mandated to study their lessons from 7 pm till 9 pm every day till lights off. Before their study hour a student completes their homework and school assignments. In Sochum apart from academic studies, skill education, competitions, cultural events etc are organized periodically.

## THE IMPACT

Sochum has brought about profound positive changes:

- Improved study habits and self-esteem
- Enhanced social behavior and discipline
- Increased community involvement and ownership
- Reduced dropout rates and increased enrolment
- Cultivate competitive spirit and leadership.
- Gender mainstreaming.



## STORIES OF DETERMINATION AND SUPPORT

### BASONG MANGYANG'S ASPIRATIONS

Basong Mangyang, a Class XII (Science) student at St. John's Higher Secondary School, has also made remarkable achievements. She secured a 1st Division in her exams, with impressive scores: 87 in Social Sciences, 81 in Science, 81 in Alternative English, and 79 in English. Basong is the eldest of two children, with her parents working as farmers.

She stayed in the Residential Hostel from Class 8 until her matriculation, a period that she believes was crucial for her academic success. Basong often shares with her family and friends the importance of the hostel experience, crediting it for helping her achieve her goals. Her dream is to become a veterinary doctor, a goal she is actively pursuing with gratitude to everyone who has supported her, including ECS, CWS, and her hostel wardens and tutors.

Since passing her Class 10 exams, Basong has found it challenging to find study time while living with her younger sibling in Tuensang town, as her parents remain in the village. However, her determination remains unwavering, fueled by the support and encouragement she received during her hostel days.



### KHONGTAN NARO'S JOURNEY

Khongtan Naro, currently in Class XII (Arts) at Baptist Thangyen Higher Secondary School, Tuensang, has emerged as a beacon of hope for her family. She is the fourth of six children and the first in her family to pass matriculation, as her older siblings had to drop out of high school. Khongtan's journey is a testament to resilience and the power of support systems. After passing out from Government High School Sangsangnyu, she secured 76 marks in Alternative English and scored her lowest marks, 50, in Mathematics, placing her in the 2nd division.

Khongtan credits her success to the Residential Hostel initiated by the Eleutheros Christian Society (ECS). She spent two transformative years in the RH, where she increased her study hours from one to two hours at home to three hours per shift. The structured environment and involvement in church activities provided her with the discipline and motivation she needed. She believes that without the hostel's support, she wouldn't have passed her Class 10 exams.

Khongtan now lives in a rented house in Tuensang town, taking care of her siblings while her parents reside in the village. Despite the challenges of managing household responsibilities and academics, she is grateful for the scholarship she received, which has made her education possible. She continues to encourage her friends from the village to stay in the hostel and take advantage of the opportunities it offers.



## APF EDUCATION

### FOCUSED HSLC STUDENTS IN EASTERN DISTRICTS

Implemented in collaboration with Churches Association and Apex Students body of Chang, Sangtam, Yimkiung, Khaimnungan, Phom and Konyak for the HSLC Students of Eastern Nagaland.

- The program adopted 18 Govt. High Schools across the 6 eastern districts.
- Supported 10 subjects teachers and 10 wardens in reported GHS.
- Initiated Mobile Teaching Unit for special camp for HSLC students on Maths, Science, English and Social Science for a week long.
- Established Residential Study Centre for HSLC students and supported 3 coaching centres with 229 HSLC students.
- Conducted 1 orientation 18 awareness camp and 2 training for the students.
- Run combined intensive study centre for 161 students for 7 months.
- Provided tea and snacks for students during study hours

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*Altogether 229 students appeared HSLC exam out of which 119 with 51.9% passed the matric examination. GHS Bhumnyu which recorded nil passed percentage in the previous year had recorded 8 students passed which is 100%, GHS Bhmei from nil percentage has secured 20% passed percentage, GHS Ngoungchung appeared 2 and 1 passed after 2 years of Nil result, GHS Shamator from nil has 1 passed, GHS Thonoknyu appeared 10 and passed 3 after 2 years of nil result and GHS Pangso appeared 4 and passed 1 after 3 years of Nil result.*

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# EMPOWERING WOMEN

The women cooperative program operates in rural and urban areas across six eastern districts with an objective to promote the importance of saving and earning, enable women to become more independent and self-reliant, educate women on health security and the importance of education. advocate for women's participation in community and governance and establish financial linkages for credit and other financial services. The program was supported by Azim Premji Foundation (APF).



# KEY ACHIEVEMENTS

(APRIL 2023 - MARCH 2024)

- Formed 300 new SHGs were in Tuensang, Shamator, Mon, Noklak, and Kiphire districts.
- Formed 7 new SHG federations to the 20 old federations. The new federations are Sisterhood Edou in Tuensang, Alurei Reichip in Shamator, Akochih Akhiangru in Kiphire district, Shoyen Yinguru and Thulen Beru Yinguhru in Shamator district, Nepeleye Yeden in Mon district and Youngso federation in Noklak district.
- 284 refresher trainings and rating of SHG was conducted with total participation of 1988 SHG members.
- 50 training conducted on piggery and poultry with total participants of 1347 members.
- An amount of 20,80,000 supported to 105 SHG members on piggery promotion, 28,89,600 to 168 SHG members on poultry promotion and 2,20,000 to a SHG entrepreneur to establish business in Tuensang.
- An amount of 12,69,700 invested in SHG federation for IGA activities.
- Inter-district SHG Exposure organised for 32 SHG members from Noklak to Chendang Village.
- Health awareness for urban SHG organised on oral hygiene, ANC, PNC, institutional delivery, and child immunization.
- Developed an amount of Rs 4,92,74,830 as revolving corpus in 27 SHG Federation across the districts.



**3 DAYS STAFF EXPOSURE TO APMAS, HYDERABAD**

## ALEMLA CHANG: AN ENTREPRENEUR'S JOURNEY TO SUCCESS

In the bustling town of Tuensang, Alemla Chang stands as a testament to perseverance and entrepreneurial spirit. Born and raised in Tuensang, Alemla embarked on her entrepreneurial journey in 2011 with a modest capital of Rs. 30,000. Despite her aspirations to expand her business, she faced significant financial constraints that hindered her business progress.

Alemla's initial years were marked by a decade-long struggle to grow her business. She was determined to avoid high-interest loans, which could have easily exacerbated her financial situation. Her journey took a positive turn in 2023 when she was fortunate to receive an Income Generating Activity (IGA) Grant of ₹2,20,000/- through the initiative of the Eleutheros Christian Society (ECS). This grant provided her with the much-needed financial support to expand her business without the burden of high-interest debt.

With the grant amount, Alemla was able to diversify her offerings and add more items to her shop. This expansion led to a significant increase in her income, allowing her to reinvest in her business continually. The additional income from her expanded shop enabled her to stock more goods, attracting more customers and generating even more revenue. This positive cycle of growth has not only improved Alemla's financial stability but has also enhanced the quality of life for her family.

Alemla's journey is marked by her gratitude towards ECS. The support from ECS has been a cornerstone in her entrepreneurial journey, providing her with the necessary financial



assistance to realize her dreams.

"I am sincerely thankful to ECS for this golden opportunity. Their support has not only helped me fulfil my dream of business expansion but also provided financial security" she says.

The IGA grant initiative by ECS has proven to be a game-changer for entrepreneurs like Alemla, who are eager to grow but constrained by financial limitations. Her success story is a testament to the profound impact such initiatives can have on individual lives and local communities, fostering economic growth and stability. Alemla's journey from a modest start to a thriving businesswoman showcases the transformative power of support and resilience, inspiring many in her community.

# TSACHOLA: A JOURNEY FROM FINANCIAL STRUGGLES TO STABILITY

In the serene town of Tuensang, Mrs. Tsachola's story is one of resilience and transformation. As a housewife and mother of five, she faced significant financial difficulties. The burden of educational expenses for her children made it challenging to meet even the basic needs of the family.

Tsachola's financial situation began to improve with the introduction of IGA on Piggery and Poultry through Revolving Fund (RF) assistance. This initiative aimed to support various Income Generating Activities (IGAs) for individuals like Tsachola. Through the ECS program, she was sanctioned an amount of Rs. 20,000 in the first phase of the RF list, which marked the beginning of her journey in pig rearing.

With this initial investment, Tsachola purchased a piglet. Over the course of eight months, she diligently raised the pig, which eventually weighed 110 kg and had garnered an impressive Rs. 38,800 sale proceed. This significant return on investment allowed Tsachola to cover her children's school fees and manage essential needs during the festive season, alleviating a considerable portion of her financial burdens.

The support from ECS has been invaluable to Tsachola, providing not only financial assistance but also a sustainable means to generate income. "The initiative has made a substantial difference in my family's livelihood, for which I am profoundly grateful," Tsachola reflects. The Piggery and Poultry Revolving Fund by ECS has been a transformative program.



Tsachola's success in pig rearing underscores the potential of such programs to uplift communities and improve quality of life. Her journey from financial struggles to stability showcases the profound impact of targeted financial support and sustainable income-generating activities. Tsachola's story is an inspiration, highlighting the power of resilience and the importance of community-driven initiatives in fostering economic growth and stability.



## BRIEF DETAIL ABOUT STRENGTHENING OF LOCAL GOVERNANCE PROGRAM

The goal of the program is to help the village council and other local committees in the village for the greater common good, providing spaces for collective and participatory decision-making, and ensuring representation and involvement from all sections of society, regardless of gender, class, education, age, or social status. This program will cover in six Eastern Nagaland districts of Tuensang, Mon, Noklak, Shamator, Kiphire, and Longleng. Within these districts, we aim to cover a total of 70 villages.

### OUR KEY FOCUS AREAS-

- i. Promote Community Participation in Village Development Planning, inclusive of people from all sections of society.
- ii. Capacity Building training of Village Council and other committees in the village.



## IMPORTANT OUTPUTS IN THE LAST FEW YEARS

The activities undertaken during the pilot phase to understand the local government scenario in rural Nagaland, the project was focused on

- i. During the pilot phase of the program, in the previous year, the activities was focused on research and studies on understanding the context of village governance. In the process, in almost all the villages where the study was conducted, the villages suffer from economic limitations. The economic domains of the Village Councils remain almost negligible and are highly dependent on transferred fund from the government.
- ii. Research and dialogue: Gathering data on the existing structure through the Focused Group Discussion, PRA and baseline study to understand the existing structure, functions, roles and responsibilities of the village governance.
- iii. Household survey: Capturing basic Household data to assess the current living conditions, education, social entitlements, challenges faced by the public. The data was collected from all the household of the villages. Completed Household baselines study in 20 villages, covered 2444 households with a total population of 13394.
- iv. Engagement with local leaders: Engaging with tribal and church leaders, community leaders to gain insights into to understand the hierarchy of influence, that happens in different areas.
- v. Selection and appointment of Community Mobilizer in all the 7 Churches Associations of Eastern Nagaland.



## INFRASTRUCTURE DEVELOPMENT PROGRESS AT LONGPANG

ECS long cherished dream of developing Longpang had a watermark achievement with the support of the Azim Premji Foundation (APF) corpus. Apart from the development of infrastructure in the Longpang PHC and farm and skilling centre, the corpus had also supported the furnishing and fixture of the new office building. Some of the notable achievement in the infrastructural development are:

- Conference hall cum renovation of the ground floor with additional toilets and water connection.
- Electrical connection from the grid to the skill centre; 33 kv to 11 kv. 1.5 kms wire line from HT to LT line. The transformer is 25 KW which is good enough even to serve a small village of 100 households.
- Completed 1.5 kilometers of metaling and carpeting work; this also extended carpeting work to the PHC.
- Completed site leveling work (earth work) for multipurpose building, skill administration building, staff quarters with dorm for boys, skill work space.
- Water boring work with filtration unit at PHC and Office.
- Stocked complete sand (coarse and fine sand from Assam) and steel rods and steel structure (Tata Steel Guwahati-Assam) for roofing material for complete 3 buildings have been procured.
- 60,000 Cut stones from quarry for walling work both for building aesthetic and for use in retaining walls for all sites to control mud slide.
- Laid pavement blocks for conference hall, badminton court and dining cum community kitchen.



## STAGES OF PROGRESS

| Sl. No | Name of infrastructure        | Stage of construction |
|--------|-------------------------------|-----------------------|
| 1      | 3 floor Multipurpose complex  | 20%                   |
| 2      | Admin Building                | 15%                   |
| 3      | Boarding cum staff quarter    | 15%                   |
| 4      | Skilling centre/tool building | 10%                   |
| 5      | Stone terrace or stone patio  | 50%                   |
| 6      | Farm school                   | 20%                   |
| 7      | Water connection              | 80%                   |
| 8      | Conference Hall               | 100%                  |
| 9      | Approach road                 | 50%                   |
| 10     | Driving route for training    | 30%                   |
| 11     | Avenue tree plantation        | 20%                   |



## EVANGELICAL TEAM (ECS)

The Evangelical Fellowship team of ECS has been actively involved in carrying out a range of activities aimed at spreading hope, compassion, and support. These activities include visiting the sick staffs in hospital and at their homes, offering them spiritual support and providing emotional comfort.

The Evangelical team has also been instrumental in supporting one full-time staff in Helipong Baptist Fellowship Tuensang. In addition, the Evangelical team actively organizes various programs and activities to engage and promote spiritual enrichment of the staffs. The team's efforts have created a sense of unity among the staffs and have benefited each individual.

The team has also strengthened a routine of morning fellowship sessions for the staff, which serve as a platform for spiritual nourishment and team bonding. These sessions incorporate daily devotionals, prayer, and sharing of experiences and testimonies. They have enhanced team cohesion and contributed to the spiritual growth of the staff members.



**EVANGELICAL TEAM WITH CHURCH MEMBERS OF HELIPONG BAPTIST FELLOWSHIP**

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